

# SEA BUCKTHORN PRODUCTS



Sea Buckthorn Trees & Saplings

Sea Buckthorn Berries

Sea Buckthorn 100% Pure Juice

Sea Buckthorn Jams & Jellies

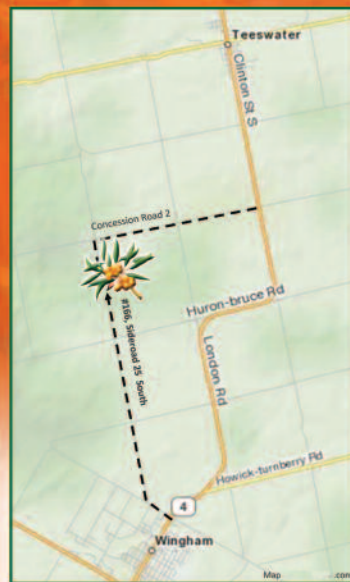
Sea Buckthorn Oil

Sea Buckthorn  
Skin Treatment Products

Sea Buckthorn Soap

Sea Buckthorn Dried Ground Pulp

Sea Buckthorn Leaves



The Healing Arc Inc.  
Sea Buckthorn Golden Orchard



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Listed as #1 for Teeswater on Trip Advisor



ORCHARD TOURS AVAILABLE BY APPOINTMENT

# Sea Buckthorn

(*Hippophae rhamnoides* L.)



Ontario's 100 Mile Citrus

From The Healing Arc's  
Golden Orchard

GROWING NUTRITIONAL GOLD



## The Healing Arc's Golden Orchard

The Healing Arc's Golden Orchard lies on beautiful, rolling Bruce County farmland and is the first fruit producing Sea Buckthorn orchard in Ontario. Today the Orchard resembles a tropical paradise with trees laden with brilliant orange fruit from late July until early October. The berries, with their tart citrus flavour are nutritious, refreshing, versatile and local... perfection!

Sea Buckthorn is rich in many essential nutrients. It contains high concentrations of Vitamin C, carotenoids, essential fatty acids as well as phytochemicals that are known to have strong antioxidant activity. Sea Buckthorn has proven to be a Value Chain Crop with a growing reputation as a 'Super Berry'. An analysis of the fruit and juice is available upon request.

The Healing Arc Inc. is a researched based company. Owner Marlene Wynnyk, has worked on several agricultural research projects in the quest for plants that can be grown on marginal land in Ontario, and can be used in the functional food and nutraceutical industry. Sea Buckthorn tops the list.

Over the past 16 years the demand for Canadian Grown Sea Buckthorn has increased dramatically. The Healing Arc has provided Sea Buckthorn tree stock to many start up orchards within Canada. Sea Buckthorn is valued by individuals interested in growing their own Citrus, permaculture as well as sustainable living.

There are many varieties of Sea Buckthorn plants. Our starter Sea Buckthorn plants are grown for fruit and juice production. Many varieties of Sea Buckthorn are purely ornamental. The photo below shows the difference in the size of the berry. Our Sea Buckthorn berries average one gram in weight; the approximate size of a large blueberry.



Our berries are grown in accordance with organic principals. Available fresh in season and frozen while quantities last.



## A bountiful harvest from the Sea Buckthorn Trees

Photos by Sandra Rae



PREMIER'S AWARD FOR  
AGRI-FOOD INNOVATION EXCELLENCE

*Award Recipient*



## Sea Buckthorn History

Sea Buckthorn (*Hippophae rhamnoides* L.)

is native to north western Europe, through central Asia including China.

Sea Buckthorn has been used for centuries for its pharmaceutical properties and as a food. It was used in ancient Greece as a fodder for horses to promote weight gain as well as a shiny coat. In fact, the generic Latin name Hippophae translates to 'shiny horse'.

## Sea Buckthorn Plant Facts

- Survives temperatures +40 to -40 Celsius
- Dioecious: Both Male and Female trees are required to produce fruit
- Only the Female tree produces fruit
- Recommended orchard ratio 5 Females to 1 Male
- Wind pollinated, drought resistant and requires full sun
- Sea Buckthorn is nitrogen fixing and pest resistant
- Provides an excellent wildlife habitat
- Used for soil erosion and land reclamation
- An opportunity to grow your own citrus

*"You must be the change you wish to see in the world" - Mahatma Gandhi*